9th Grade Boys P.E. Final

Due May 15th

You have until May 15th to complete the following exercises. Once completed, <u>GO TO THE QUIZ</u> <u>FOR 9TH GRADE BOYS P.E. TO FINISH ASSIGNMENT.</u>

- o 300 jumping jacks
- o 300 pushups
- o 300 sit-ups
- \circ Run 1 mile twice

*You do not need to do these all at once.

** I understand this is by the honor system, but doing this is for your own good.